

products

BY SEAN EADS

IONATED COCONUT OIL
purpose carrier oil has
f life and consists of
atty acids to absorb into
ster than other oils.
formula allows it to be
hrough a pump sprayer,
shes out of massage table
1 no staining. It is available
, 8-ounce, and gallon
es range between \$7.99
o order, call 888-276-6299
w. aromathyme.com.



DEEP TISSUE MASSAGE
Jane Johnson's 216-page book demonstrates step-by-step guideline on 83 compressive and stretching techniques. The content is organized both by body area and client positioning, and includes more than 165 color photos. MTs will learn to safely incorporate deep tissue work into their routines using the forearms, fists and elbows. The book is available for \$29 and the ebook for \$16 at 800-744-4457 or www.humankinetics.com.



KIGO FOOTWEAR
Developed for athletics and everyday wear, kigo shoes are eco-friendly and minimalist. They are constructed from breathable, lightweight, recycled textiles, and have a removable contoured insole and a thin, high-density rubber outsole. They are available in women's or unisex styles. Call 888-293-1685 or visit www.kigofootwear.com for pricing information. You may enter

